

MASTERY CHECKPOINT

LEVEL ONE PLAYING TEST

Enjoy preparing for the playing test and try your best.
Practice all of the exercises and focus on performing all of the details.
Always listen to your sound and play with excellent position.

Remember to draw the bow parallel to the bridge at the proper segment.

Teachers: Offer corrections as positive suggestions to your students. Monitor student's adherence to all bow-arm set-up principles. Students should be given ample opportunity to retake the exam in order to strive to improve their overall performance mastery.

Grading Categories

Instrument-Position

Contact-Point Location

Bow-Arm Box Level

Bow-Hand CAST

Bow-Segment Usage

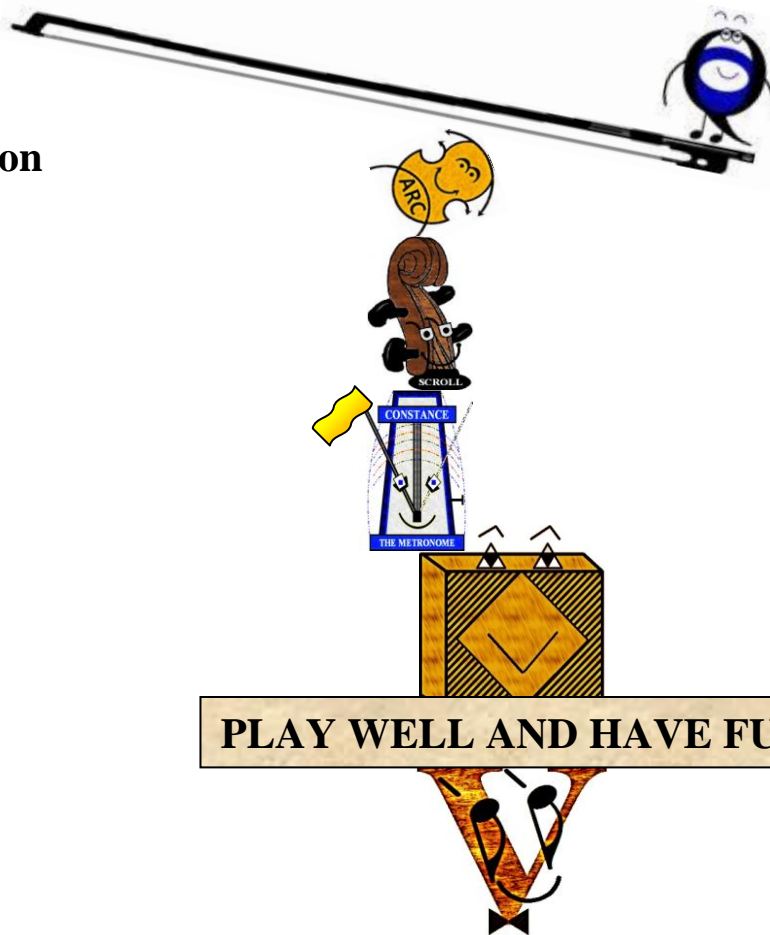
Parallel Bowing

Tempo Adherence

Tone Quality

Precision

Overall Effort



PLAY WELL AND HAVE FUN!

Bow-Arm Leverage Produces Resonant Sound Paintings!

Mastery Checkpoint – Level One Playing Test

Five Short Performances



You can earn 20 points for each performance.
(100 Points is a Perfect Score)

Always perform with great form and focused energy.
Good luck!

Performance #1 -- Silently Tap the Bow Contact-Point in Rhythm

Use the Middle Bow-Segment at the Middle String Lane.

Performance #1 Grading and Feedback

2 points are possible for each:

Instrument-Position ___ Bow-Hold ___ Bow-Arm Level ___ Shoulder Arc ___

Contact-Point ___ Bow-Segment ___ Rhythm ___ Steady Tempo ___

Bow Parallel to the Bridge ___ Overall Effect ___

Feedback: _____

TOTAL: _____

Performance #2 – Place and Perform Down-Bows

Before performing each Down-Bow,
place the bow on the string at the lower bow-segment.

Stay in the middle lane and travel each down bow to the
middle bow-segment.

Perform with correct rhythm.
Keep a constant and relaxed tempo.

VIOLIN

VIOLA

CELLO

BASS

Performance #2 Grading and Feedback

2 points are possible for each:

Bow Directions ___ Bow-Hold ___ Bow-Arm Level ___ Shoulder Arc ___

Contact-Point ___ Bow-Segment ___ Rhythm ___ Steady Tempo ___

Bow Parallel to the Bridge ___ Overall Effect ___

Feedback: _____

TOTAL: _____

Performance #3 – Place and Perform Up-Bows



Before performing each Up-Bow,
place the bow on the string at the upper bow-segment.

Stay in the middle lane and travel each up-bow to the
middle bow-segment.

Perform with correct rhythm.
Keep a constant and relaxed tempo.

Performance #3 Grading and Feedback

2 points are possible for each:

Bow Directions ___ **Bow-Hold** ___ **Bow-Arm Level** ___ **Shoulder Arc** ___

Contact-Point ___ **Bow-Segment** ___ **Rhythm** ___ **Steady Tempo** ___

Bow Parallel to the Bridge ___ **Overall Effect** ___

Feedback: _____

TOTAL: _____

Performance #4 – Perform Staccato Bow Changes



Focus on crisp and resonant well leveraged sounds.

Stay in the middle lane and travel the length of the bow from the lower bow-segment to the upper bow-segment.

Perform with correct rhythm.
Keep a constant and relaxed tempo.

Performance #4 Grading and Feedback
2 points are possible for each:

Bow Directions ___ Bow-Hold ___ Bow-Arm Level ___ Shoulder Arc ___

Contact-Point ___ Bow-Segment ___ Rhythm ___ Steady Tempo ___

Bow Parallel to the Bridge ___ Overall Effect ___

Feedback: _____

TOTAL: _____

Performance #5 – Perform Legato Bow Changes



Focus on smooth and resonant well leveraged sounds.

Stay in the middle lane and travel the length of the bow from the lower bow-segment to the upper bow-segment.

Perform with correct rhythm.
Keep a constant and relaxed tempo.

Performance #5 Grading and Feedback
2 points are possible for each:

Bow Directions ___ Bow-Hold ___ Bow-Arm Level ___ Shoulder Arc ___

Contact-Point ___ Bow-Segment ___ Rhythm ___ Steady Tempo ___

Bow Parallel to the Bridge ___ Overall Effect ___

Feedback: _____

TOTAL: _____

Good For You!
Mastery Checkpoint Level One is Complete!



Level One Totals

Performance #1 _____

Performance #2 _____

Performance #3 _____

Performance #4 _____

Performance #5 _____

FEEDBACK

OVERALL TOTAL: _____

Always focus on improving your bowing performance.

Come and Play Your Part!

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