

BASS TECHNIQUE BUILDER

FINGER TRAINING

Pendulum Arcs -- Crossing All Four Strings

Goal: Improve pitch measurement accuracy across all strings.

**Technical Focus: Fingertips land on the strings from above.
Pitch locations in the key of D Major.
Train left elbow to -- *Swing the Wing*.**

When performing notes on E and A,
Arc your left elbow open and keep your shoulder down.

When performing notes on D and G,
Arc your left elbow to a lower location, closer to your torso.

**Each string has its own
corresponding left elbow location.**

**Swing your arm to position,
in order to bring leverage to your
left hand, aiding *knuckle height*.**

**Also, remember to *Arc* your bow
to the string level that you are
performing at the same time.**



LEVERAGE FOR BASS

Drive playing motions needed to change from string to string, with the larger muscles in your back.

Larger muscle's strength, provide you with increased leverage, which improves endurance to your performance motions.

Come Play Your Part!

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BASS**Pendulum Arcs – Crossing All Four Strings****Finger Placement Code****D Major Pitch Locations in *First Position***

1's are performed on the 1st instrument-tape on all strings.

2's is performed between the 1st and 4th instrument tape, for the pitch G on E.

4's are performed on the 4th instrument-tape, on all strings.

Before attempting, identify all notes and pitch locations.

Enjoy your training!

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