

VIOLA TECHNIQUE BUILDER

FINGER TRAINING

Pendulum Arcs -- Crossing All Four Strings

Goal: Improve pitch measurement accuracy across all strings.

**Technical Focus: Fingertips land on the strings from above.
Pitch locations in the key of D Major.
Train left elbow to -- *Swing the Wing*.**

When performing notes on C and G,
Your left elbow swings open towards the right.

When performing notes on D and A,
Arc your left elbow to a more centrally located position.
Swing your arm to position, just like the motions of a *pendulum*.

**Each string has its own
corresponding left elbow location.**

**Swing your arm to position,
in order to bring leverage to your
left hand, aiding *knuckle height*.**

**Also, remember to *Arc* your bow
to the string level that you are
performing at the same time.**



Viola C-String Specifics

C# and D on the C-String

are *both* performed with 1, the index-finger.

Later on, you will learn alternate finger positioning options.
Be certain to adjust the note placement properly for each pitch.

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VIOLA

Pendulum Arcs – Crossing All Four Strings

Finger Placement Code

D Major Pitch Locations in *First Position*

1's are performed on the 1st instrument-tape on all strings, except **L1** on C, for Low C#.

2's are performed on the 2nd instrument tape, on all strings.

3's are performed on the 3rd instrument tape, on all strings, except for F# on C. -- **H3**

Before attempting, identify all notes and pitch locations.

Enjoy your training!

PENDULUM ARCS -- CROSSING ALL FOUR STRINGS

The image shows a musical score for a viola exercise titled "Pendulum Arcs -- Crossing All Four Strings". The score is written in D major (one sharp, F#) and 4/4 time. It consists of three staves of music, each starting with a measure number: 1, 5, and 10. The music is a continuous sequence of eighth notes, alternating between the upper and lower strings of the viola. The notes are: D4, E4, F#4, G4, A4, B4, C5, D5, E5, F#5, G5, A5, B5, C6, D6, E6, F#6, G6, A6, B6, C7, D7, E7, F#7, G7, A7, B7, C8, D8, E8, F#8, G8, A8, B8, C9, D9, E9, F#9, G9, A9, B9, C10, D10, E10, F#10, G10, A10, B10, C11, D11, E11, F#11, G11, A11, B11, C12, D12, E12, F#12, G12, A12, B12, C13, D13, E13, F#13, G13, A13, B13, C14, D14, E14, F#14, G14, A14, B14, C15, D15, E15, F#15, G15, A15, B15, C16, D16, E16, F#16, G16, A16, B16, C17, D17, E17, F#17, G17, A17, B17, C18, D18, E18, F#18, G18, A18, B18, C19, D19, E19, F#19, G19, A19, B19, C20, D20, E20, F#20, G20, A20, B20, C21, D21, E21, F#21, G21, A21, B21, C22, D22, E22, F#22, G22, A22, B22, C23, D23, E23, F#23, G23, A23, B23, C24, D24, E24, F#24, G24, A24, B24, C25, D25, E25, F#25, G25, A25, B25, C26, D26, E26, F#26, G26, A26, B26, C27, D27, E27, F#27, G27, A27, B27, C28, D28, E28, F#28, G28, A28, B28, C29, D29, E29, F#29, G29, A29, B29, C30, D30, E30, F#30, G30, A30, B30, C31, D31, E31, F#31, G31, A31, B31, C32, D32, E32, F#32, 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